



# DYC CLEANING GUIDE



# INTRODUCTION

Welcome to the NYC cleaning guide.

Here are our top tips and guide to make cleaning a breeze.

Tackle jobs by room with our [room by room cleaning guide](#), or try our [spare time cleaning guide](#).

Often just a good [declutter](#) will get you in the mood for further cleaning, so check out our top decluttering tips.

# CONTENTS

*Click on each section to go directly to the page.*

Room by room cleaning guide

- Kitchen
- Laundry
- Outdoors
- Bedroom
- Bathroom

Make your own recipes

- Multipurpose cleaner
- Natural cleaning paste
- Window and mirror cleaner

Spare time cleaning guide

Decluttering tips

- Freezer storage tips
- Wardrobe decluttering tips
- Bathroom cabinet tips
- Magazines

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**CLEVER  
STUFF**







# ROOM BY ROOM CLEANING GUIDE







# KITCHEN

Click on each number to view tip.



1. Ceilings, walls & skirtings
2. Splashback
3. Cooktop
4. Dishwasher
5. Kettle
6. Sink
7. Coffee machine
8. Rangehood
9. Windows
10. Window joinery
11. Blinds
12. Chopping boards
13. Oven
14. Scissors
15. Rubbish bin
16. Garbage disposal

## Other kitchen tips

- 17 Microwave
- 18 Fridge
- 19 Sponges
- 20 Pots and pans







# LAUNDRY

Click on each number to view tip.



1. Washing machine
  2. Iron
  3. Cloths & sponges
  4. Fabric softener
  5. Smelly clothes
  6. Sink
  7. Splashback
  8. Multipurpose cleaner
  9. Taps
- 







# OUTDOORS

Click on each number to view tip.



1. Outdoor furniture
  2. Keeping flowers fresh
  3. Vase
  4. Outdoor umbrella
  5. BBQ
  6. Windows
  7. Candle wax
  8. Window joinery
  9. Decks
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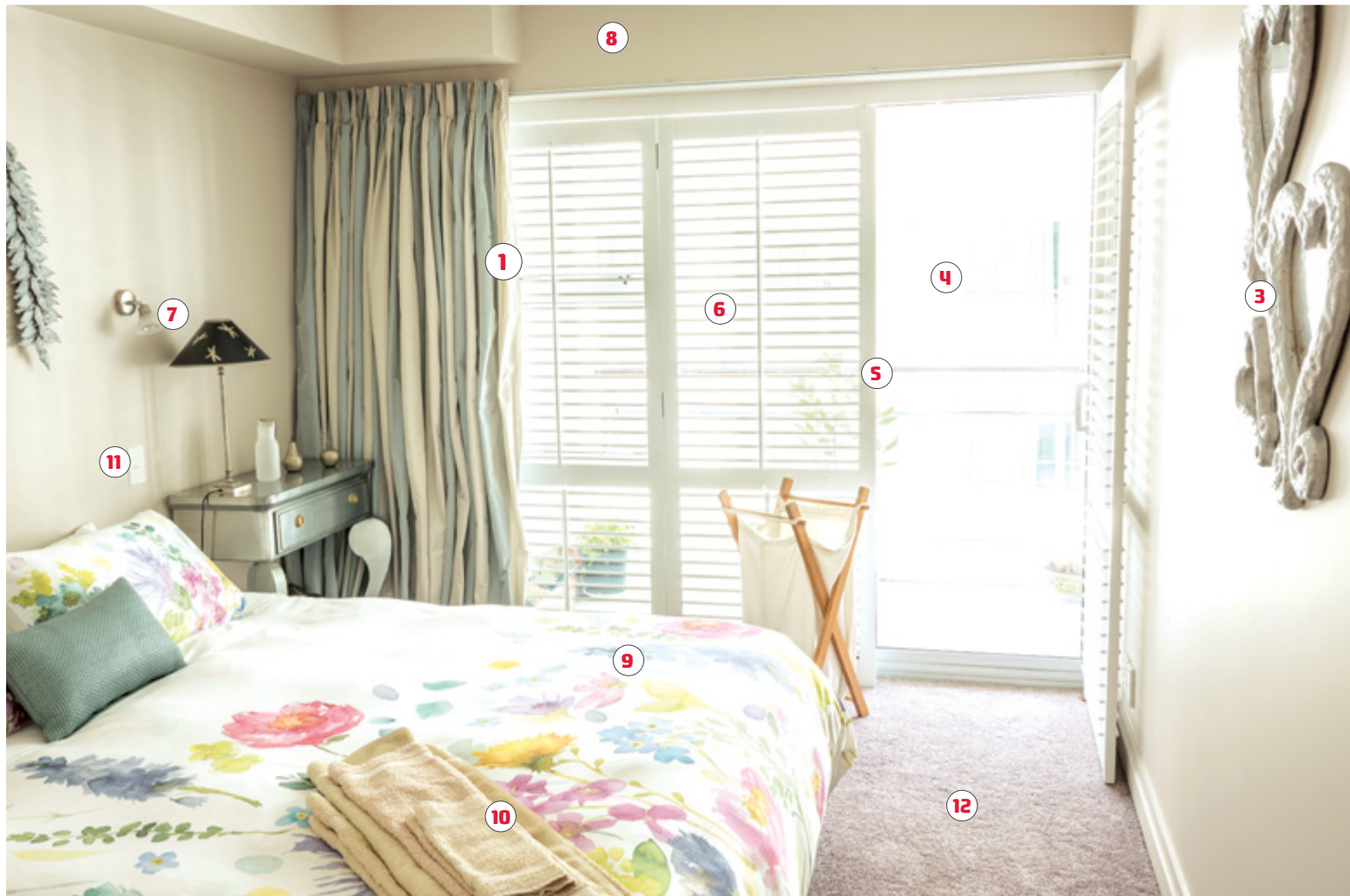






# BEDROOM

Click on each number to view tip.



1. Curtains
2. Laundry hamper
3. Mirrors
4. Windows
5. Window joinery
6. Shutters
7. Glass lamp shades
8. Ceilings, walls & skirtings
9. Mattress
10. Fabric softener
11. Light switches
12. Fresh smelling home

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## Other bedroom tips

13. Wardrobe decluttering







# BATHROOM

Click on each number to view tip.



1. Shower glass
2. Shower head
3. Soften towels
4. Tiles and grouting
5. Mirrors
6. Basins
7. Taps
8. Shower tracks
9. Bathroom cabinets
10. Heated towel rail

## Other bathroom tips

- 11 Toilet bowl
- 12 Shower curtain
- 13 Bath
- 14 Mould removal







**MAKE  
YOUR  
OWN  
RECIPES**







## MAKE YOUR OWN...

### MULTIPURPOSE CLEANER

**Make your own natural cleaner using this easy recipe which smells great**

This great multipurpose cleaner works well for spot cleaning or general cleaning of walls, skirting boards, ceilings, stainless steel benches and appliances, sinks, tile splashbacks, inside fridges and freezers, for venetian blinds, shutters, aluminium and painted wooden joinery.

Not suitable for use on granite, marble or other stone benches, unsealed wood and floors.

For tougher marks try the natural Cleaning Paste Recipe on the next page.

#### TIP

Thinly pared rind of  
1/2 an Orange  
Spray Bottle



#### Ingredients

1/2 Cup DYC  
White Vinegar  
1 1/2 Cups Water

#### Instructions

1. Combine vinegar and water into a spray bottle.
2. Push rind into the bottle.
3. Shake to combine and spray on surface to be cleaned. For harder to clean marks allow to soak for a few minutes before wiping away. Shake well before each use.







## MAKE YOUR OWN...

### NATURAL CLEANING PASTE

Try this natural cleaning paste for tougher stains and built up grime. Works well for cleaning ovens, rangehood filters and tile grout.

#### How does it work?

Baking soda is a base and vinegar is an acid. When combined, the two ingredients will fizz and form carbon dioxide bubbles and sodium acetate (which is a type of salt).



#### Ingredients

1/4 Cup  
DYC White Vinegar  
Plastic Bottle

Use a wet brush or scouring pad to scrub the surface using more paste if necessary.

#### TIP

1/2 Cup Baking Soda

#### Instructions

1. Place baking soda in a large jug.
2. Slowly add vinegar, allowing the foaming to subside before adding more vinegar.
3. Pour this mixture into a plastic bottle with a narrow nozzle. Shake before using.
4. Pour over surface to be cleaned. Scrub and allow to dry.
5. Remove the mixture by wiping, brushing or vacuuming. Wash with clean water or DYC multipurpose cleaner.







## MAKE YOUR OWN... WINDOW & MIRROR CLEANER

### Cleaning windows in a non-toxic way

Vinegar is non-toxic, making it perfect for cleaning your windows instead of using harsh chemicals. It is much more economical than chemical cleaning solutions.

### How does it work?

The acid in vinegar breaks down the film on glass surfaces. Using a small amount of detergent in the mixture helps break down any wax residue left by commercial cleaning liquids.

Crawling insects are also not fond of vinegar, so using this solution will help keep your windows looking cleaner for longer.

### TIP



### Ingredients

1 Cup DYC White Vinegar

Dishwashing Liquid  
(very small amount)

Warm Water  
Bucket  
Sponge  
Window Blade

### Instructions

1. Half fill a bucket with warm water. Add a cup of DYC White Vinegar and a very small dash of dish washing liquid.
2. Mix gently. Moisten sponge with mixture and squeeze out any excess. Apply to window.
3. Wipe clean with window blade, wiping the blade on a towel after each stroke.







# SPARE TIME CLEANING GUIDE: IF YOU HAVE...







# SPARE TIME CLEANING GUIDE

Click on each tip to view it

## IF YOU HAVE...

### 10 minutes or less

- Clean light switches & power points in one room
- Clean kettle
- Clean glass light fitting
- Clean one oven rack
- Steam clean microwave – try cleaning your sponges at the same time!
- Clean coffee machine
- Clean sink/basin
- Clean chopping board
- Clean splashback
- Clean scissors
- Clean cooktop
- Mirror
- Rubbish bin
- Multipurpose cleaner
- Natural cleaning paste
- Pots and pans
- Clean vase
- Candle wax
- Sort out magazines
- Heated towel rail

## IF YOU HAVE...

### 20 minutes

- Clean iron
- Spot clean walls in one room
- Declutter medicine cabinet
- Sort out bathroom cabinet
- Clean and declutter fridge/freezer
- Windows in one room
- Joinery in one room
- Remove smells from room
- Fridge
- Outdoor umbrella

## IF YOU HAVE...

### 1 hour or more

- Clean rangehood
- Clean ceilings
- Clean oven (45 minutes of this is letting the oven do the work!)
- Sort out wardrobe
- Clean blinds/shutters
- Clean dishwasher (45+ minutes of this is letting your dishwasher do a cycle)
- Clean washing machine (30+ minutes of this is letting your washing machine do a cycle)
- Garbage disposal (seconds to clean, most of this time is waiting for ice cubes to freeze)
- BBQ
- Laundry hamper (most of this time is soaking time)
- Mattress
- Fabric softener (seconds to add to your normal wash cycle)
- Shower head
- Shower glass
- Tile grouting
- Mould removal
- Taps
- Remove limescale
- Shower tracks
- Toilet bowl water rings
- Shower curtain
- Smelly clothes
- Removing hard water stains from bath
- Outdoor furniture and decks







# DECLUTTERING TIPS







# FREEZER STORAGE TIPS

## Freezer storage guide

Give your freezer a good clean out using these guidelines below. If in doubt throw it out, its not worthwhile getting food poisoning for.

### FRUIT

Most fruit can be stored for 8-12 months. If stored frozen for longer than this it will still be safe to eat, but will lose some of its flavour.

### VEGETABLES

Properly prepared and stored vegetables can be frozen for up to 1 year with the exception of onions – 2 months, kumara – 3 months, and corn: 6 – 8 months.

### MEAT

Fresh pieces of beef, lamb and venison can be frozen for 8 – 10 months, mince 3 – 6 months, sausages 1 -2 months.

### CHICKEN

Whole, unstuffed up to 12 months, pieces 6 months.

### FISH

Fresh fish 2 – 4 months, cooked fish 2 – 4 weeks.

## Tips for freezing

- Only freeze foods you know will be eaten.
- Only freeze quantities that can be eaten within the recommended storage times.
- Always label what is in the pack and make sure you put a date on it.
- Freezing foods costs money so only freeze what you know will eat.
- Make the most of storage space by freezing foods lying flat in storage bags. This also makes defrosting quicker.







# WARDROBE DECLUTTERING TIPS

## Full wardrobe, but still nothing to wear?

*Try these steps to uncover a wardrobe that you will love:*

1. Remove clothes from your wardrobe.
2. Remove odours from your wardrobe.
3. Select the clothes that you love. These are clothes that make you feel great when you wear them. Group them by colour, or by type – whatever makes it easier for you.
4. Got clothes that look great, but just not on you? If they are work clothes in near new condition donate them to Dress for Success. If not your local charity shop would love to have them.
5. Could you think of where you could hypothetically wear the item next week/next month/next year? If not maybe it is time to part with it.
6. If you find yourself saying... "it would be great if it fitted me better" - either adjust it to fit you or get rid of it.
7. Do you have clothes that you wouldn't want anyone to see you in? Maybe it is time to replace these?
8. If you couldn't give your item to a friend or a charity shop then you need to get rid of it, or save it for doing DIY or turn it into rags.
9. Got some sports gear that is smelly? Try this technique to rid your clothes of smells.
10. Store different types of socks together in bags or boxes within drawers to make it easier to find what you are looking for.
11. How old is your bra? If it is older than 12 months consider replacing.
12. Could you donate shoes that you don't wear to charity shops? Do your shoes smell? Spray with 50/50 mix of water and white vinegar. Allow to dry completely (use a hair dryer if you are in a hurry). Once dry sprinkle with baking soda and leave overnight.







### What do I do with boots?

Try and store your boots upright with a boot form (if you don't have one, try rolled up magazine instead). If you don't have the space to do this, place your boots in a box putting the heaviest ones at the bottom and cloth between each boot.

Do your shoes need stretching?  
Try this technique:

- Get a snaplock plastic bag. Fill with water and place in the area that needs stretching, moulding to the shape of the shoe as best you can.
- Place inside shoe and place shoe inside a plastic bag and put in the freezer.
- Once frozen the water will expand helping to stretch the shoe.



Right, so you still have some clothes that you can't bear to get rid of.

Try putting these clothes in another room/area. If you don't miss or use them during the year, then you know that you can get rid of them, worry free.

**Or try this technique:** Put the clothes on your hanger backward on the rod, when you wear a piece of clothing, hang with the hanger facing the front. This way you will know what clothes you haven't worn.







# BATHROOM CABINET TIPS

**Remove all the items from your cabinet and wipe out with DYC multipurpose cleaner.**

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Try storing items in boxes or containers.

**Firstly look at all the unopened items.**

**Are these items that you want or use?**

Could you gift these to a friend, give to charity shop or a homeless shelter? If you have unopened make up donate it to [Dress for Success](#). Store 'like' unopened items together (all the body wash together etc).

**Look for expired items** – sunscreens, mouthwash and when was the last time you used that spray tan? Throw away expired items.

**OK seriously, how many different types of moisturisers do you need?** If you have several half empty containers you can mix them together to save space in your cupboard, or put some in small containers that you can take away with you when you travel.

While you are in the bathroom try cleaning your toothbrush holder in the dishwasher, it will come out looking like new.



**Make your make up brushes look like new** by cleaning them using [this technique](#).

**Does your hair brush look like it could do with a good clean?** Remove the hair from your brush and [try this](#) to get rid of hair grease, hair products and even mites.

**Do you store medicines in your bathroom cupboard?** It may not be the best place for them as it is often humid. Always read where medicines should be stored and keep them away from children.

**Take a good look at all your medicines.**

Have any of them expired? Don't keep old medicines because you think you may need them in the future. Don't throw old medicines in the rubbish or flush them down the toilet – take them back to your local pharmacy for them to dispose of them safely for you.







# MAGAZINES

## Need a magazine clean out?

Do you have any magazines that you want to unsubscribe from? Does the magazine improve your life or mood or outlook or teach you something or add something to your life?

Donate old magazines to kindergartens, schools and Dr's surgeries. You can also roll up old magazines and use them to keep your boots upright.

Keep all your magazines together and when a new one comes in try and get rid of one that is in your magazine rack. Turn down the corner of articles that you find

interesting, or tear out or take a digital photo of the page so you can refer to it later. Remember that a lot of the articles are available online.

Storing like-minded articles together (recipes, projects, reviews, places to visit) will help you to be able to find what you are looking for later. When you add another article into your digital or physical scrap book, take a look at what else is in there. Have you referred to it in the last few months? Have you made that recipe? If not get rid of it.







## WELL DONE!

**Make sure you keep an eye on  
[dycvinegar.co.nz](http://dycvinegar.co.nz) for more tips**

### CONTACT

**DYC Clever Living – Wilson Foods Limited**

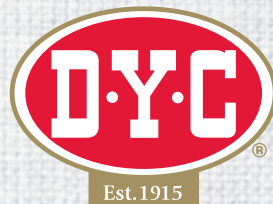
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